

Centre of Research Excellence in Telehealth

UQ Centre for Health Services Research

Professor Richard Rosenkranz

Department of Food, Nutrition, Dietetics & Health, College of Health & Human Sciences, Kansas State University

Being "well-behaved" – better understanding behaviour change



Professor Richard Rosenkranz is internationally renowned for his work in identifying modifiable influences of health behaviours promoting health and preventing chronic disease. He leads the Physical Activity and Nutrition Clinical Research Consortium in the College of Health and Human Sciences at Kansas State University.

Professor Rosenkranz will be sharing current challenges in healthcare and population health, and how better understanding of behaviour change can help us take on such challenges more effectively. He will share insights from a range of intervention projects, **including eHealth interventions**, aimed at understanding the process of improving population health through facilitating physical activity, healthful eating, and other health behaviours in a variety of settings, ranging from physical education and sport to public health.

Prof Rosenkranz is visiting Australia as a guest of Flinders Digital Health Research Centre at Flinders University and will present remotely by Videoconference.

Date: Wednesday, 3 July 2019

QLD Time: 12:00pm – 12:30pm (Lunch PAH attendees)

12:30pm – 1:30pm (Seminar Presentation)

Connect via

Zoom: <u>https://uqz.zoom.us/j/992685911</u>

Join us to share lunch and attend via Zoom from Room 2007, Translational Research Institute, PA Hospital, 37 Kent Street, Woolloongabba

A **light lunch** will be served from **PAH at 12 noon** for those who **RSVP by 27 June 2019** – please advise us of any dietary requirements by emailing **chsr@uq.edu.au**

Connect using Zoom Video Conference using Meeting ID: 992-685-911

Forum details: cretelehealth.centre.ug.edu.au/events

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